

# BASICS

## A ward round improvement project



### Begin with Baby and Parents

# B

Introduce yourself to baby (e.g. containment holding) and to parents. Ask how they would like to be addressed, and how to refer to their baby? Make sure you are at the same height level as parent.

# A

#### Ask

Invite Parents to share how they feel their baby is doing, what concerns they have and what feels important today. Do you need a translator or additional support?

# S

#### Share

Share information clearly, use plain language, avoid medical jargon, check understanding and use visual aids or diagrams.

# I

#### Involve

Involve parents in decision making. Explain options clearly, Encourage preferences, support shared decision making. Plan care around their day.

# C

#### Coach

Encourage care giving and speaking up. Teach them skills and empower them to participate confidently in their baby's care.

# S

#### Support

Support emotional and physical wellbeing. Acknowledge feelings, validate and reassure. Are any extra supportive aids needed? Create space for comfort and dignity.