

East of England Healthy Leadership Session Learning Objectives

Week 3: Build The Team

Objectives

To acknowledge team building as a consistent activity

Explore the ways to build a team – short, immediate, long term...

To reflect on current practice and understanding of what it takes to build a team



Briefing and Debriefing

Objectives

Develop appreciation of planning, starting, learning and ending.

Gain some tools / techniques to help the practice of briefing and debriefing.

To reflect on current practice and consider what potential there is for change in your team



Week 4: Hygiene Factors

Objectives

To fully acknowledge and appreciate the impact of working conditions

Explore the ways in which Hygiene Factors can be improved within the team.

Create a focus within the team to 'getting the basics right'



5 Questions

Understand the need and context

Explore the 'Rhythm' of 5 Questions

Connect to theory and models

'So What' – how ^{Straight Connector} in my environment

Objectives

To clarify the meaning of quality – what do we actually mean...

Explore the role leadership plays in quality.

To reflect on current practice and understanding of quality and how it relates to our task and the team.



Objectives

To remove the negative bias attached to performance.

Offer a framework which asks questions – based around the common aspects of dysfunction.

Review what 'gets in the way' of these rules.

Explore the practical application of the 'Golden Rules'.



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Week 6: Human Factors

Objectives

A brief overview of Human Factors and explore a definition

Explore the role leadership plays in Human Factors

To reflect on the learning offered and what this might mean for your work environment and for yourself



The Absent Team

Objectives

Explore 'absence' as a concept in teams

Share brief overviews of team building models and ideas

To reflect on the learning offered and what this might mean for your work environment and for yourself



Week 7: Self Care

Objectives

To explore the signs that colleagues may be struggling

Offer an exploration of self-care

Where to go when further help is required



Going Home Checklist

Objectives

How do we 'Rest & Recovery' ?

Explore the actions that we can take to help our colleagues create balance – work/life !

To reflect on the learning offered and what this might mean for your work environment and for yourself

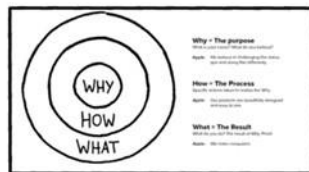


Objectives

Explore WHY as important to leadership and teamwork

How do we create and align to a shared why !!!

To reflect on the learning offered and what this might mean for your work environment and for yourself



Objectives

Understanding the role feedback plays in performance

Awareness of what works and what doesn't

Consider making it a common rather than a rare experience



The SBI Model of Feedback



